



# Heartbeat



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## Jive Time in the Cascades

### Wenatchee Big Band Fundraising Concert

We've got a treat for you! Join us on **October 1st** at the Icicle Creek Center for the Arts' (ICCA) Snowy Owl theater for a night of tempting, toe-tapping tunes and jaunty jazz with the Wenatchee Big Band.

Jive along in your seat or on the dance floor as you enjoy two sets full of all the favorites brought to you by a community-based 20-piece ensemble which has been together for 25 years. Musician ages range from high school to the mid-80's!

*"We play the classic standards from bands such as Glenn Miller, Duke Ellington, Count Basie, plus more contemporary composers of big band music,"* said Tim Zanol, Business Manager and bass trombonist.

*"We're really excited to be playing in the Snowy Owl, and we're always willing to help with fundraising for such a worthy cause."*

Beer, wine and finger foods will be available for purchase. There will also be a *Buy It Now* board of

gift cards, thanks to our many wonderful business donors.

All proceeds will go toward our next fundraising campaign for community health.

This concert wouldn't be possible without the support of the ICCA.

*"Icicle Creek deeply values the work that Cascade Medical Foundation does to improve community health, and we could not be happier to support that crucial work, especially with such a fun, music-based experience!"* said Phil Lacey, ICCA Executive Director.

*"CMF and ICCA are both nonprofits working to strengthen our community."*



**ABOVE:** The Wenatchee Big Band is a community-based, 20-piece ensemble with members ranging in age from high school through the mid-80's.

*We look forward to more collaborations like this in the future as we all work to make the Upper Valley a vibrant home for all its residents."*

Finally, we must thank our sponsor, Kahler Mountain Club, who is also a big sponsor of our golf tournament.

### An Evening with the Wenatchee Big Band

**Saturday, October 1 at 6:30pm**  
Icicle Creek Center for the Arts  
Snowy Owl Theater

**Tickets: \$35.00**  
Available at the door or  
online beginning in September.

**FOR TICKETS OR MORE INFORMATION:** [CascadeMedicalFoundation.org](https://www.CascadeMedicalFoundation.org)

## A Great Day on the Greens

### 19th Annual Cascade Golf Classic a Success

Over \$43,000 was raised at our 19th annual Marson & Marson Cascade Golf Classic! Thank you to the 117 golfers, over 80 sponsors and over 40 volunteers that helped make the event such a success.

What did the golfers think of the tournament, held for the second time at Kahler Mountain Club?

*"Festive and fun!"* Folks liked the pipe cleaner gimme, the spicy green salsa and outstanding taco bar, getting

to see the emergency medical vehicles, and the topnotch prizes.

One golfer praised the event, saying, *"Super impressed with how well supported it was for being in such a rural spot."*

Congrats to the Louws Truss team for being, not only one of our big sponsors, but also gaining the top of the podium.

We can all agree that the real winner is our community. This

***This wonderful tradition... helps Cascade Medical continue its exceptional care of our community's health.***

wonderful tradition, started by Jim Adamson and carried on by his sons, Bob and Rich, and the rest of the board, helps Cascade Medical continue its exceptional care of our community's health.



# CASCADE MEDICAL FOUNDATION

817 Commercial Street  
Leavenworth, WA 98826

#### OUR MISSION:

To enhance and financially support Cascade Medical's ability to deliver quality healthcare to our community.

#### CONTACT US:

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We are a 501(c)(3) nonprofit EIN 91-1576083.

Non-Profit Org.  
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## Fall 2022 Calendar

- AUG 17** 4 PM - CLOSING BENEVOLENT NIGHT @ Wok About Grill
- SEPT 22** 5 PM - CLOSING BENEVOLENT NIGHT @ Colchuck's Burgers & Brews
- OCT 1** 7 PM @ SNOWY OWL THEATER Jive Time in the Cascades
- OCT 20** 4 - 9 PM BENEVOLENT NIGHT @ Wildflour

**SEPT 24** 10 AM - 4 PM LEAVENWORTH 3rd Annual Charm Walk

The Charm Walk is back! Grab a friend and join us at the Autumn Leaf Festival for a chance to stroll through town visiting shops and collecting charms for your bracelet.

Tickets are \$20 per person and are available online or in person on the day of the event at the CMF booth by the gazebo.



Charm Walk participants show off their bracelets at a past event.

FOR MORE UP-TO-DATE EVENT INFORMATION: [CascadeMedicalFoundation.org](https://CascadeMedicalFoundation.org)

## One Down, and Two to Go

### Cascade Medical EMS Now Equipped with E-Bikes

We're thrilled to announce that one part of our current fundraising campaign is complete; a check has been written for three Specialized Turbo Levo SL Comp electric mountain bikes, or e-bikes, just in time for a busy trail season.

"Our staff will go through training with a certified instructor on use and safety," said Brian Pulse, Cascade Medical Director of EMS. "This will include general use on city streets, dirt roads and on a variety of mountain bike and hiking trails in our hospital district."

In addition to use on trails, EMS providers will use the e-bikes for events and festivals where access to patients may be limited. E-bikes are an inexpensive innovation to increase nimbleness in emergency response.

"Care can be initiated, and the best mode of extrication decided much faster," said Pulse. "This will lead

**E-bikes are an inexpensive innovation to increase nimbleness in emergency response.**

to better outcomes for patients and less fatigue for providers."

The Foundation will soon purchase the other two items included in this year's fundraising campaign including a Stryker Lifepak 15 monitor/defibrillator for use in the ambulances, and two Spacelabs Healthcare Evo Holter Wearable electrocardiogram (ECG) monitors.

Thank you to all of our generous donors for helping us fulfill these important goals and serve our community with the highest possible quality of care. We couldn't do it without your support!



## Cheers to 30 Years!

The Cascade Medical Foundation has been working to, "Enhance and financially support Cascade Medical's ability to deliver quality healthcare to our community." for thirty years!

What started with small fundraising projects, like privacy curtains in patient rooms, has grown to bring in big ticket items such as **3D mammography equipment**, a **CT scanner**, an **ambulance**, and a **mobile clinic**! Over **\$1.7 million** have been raised since we started!

We worked with P2X Studio to create a video commemorating our anniversary. Visit our website at [CascadeMedicalFoundation.org](https://CascadeMedicalFoundation.org) to view it and celebrate this important milestone with us.

FOR MORE INFORMATION OR TO MAKE A DONATION: [CascadeMedicalFoundation.org](https://CascadeMedicalFoundation.org)