



Photo by Jeff Winkelmann

CMF's biggest fundraiser of the year, the **Cascade Golf Classic**, was a success on all fronts. Not only did we raise \$50,000, we also had more golfers, a picture-perfect day on the greens, amazing prizes and auction items and lots of conviviality. Thank you, again, to everyone who contributed and participated in this event. Hope to see you next year: 6/22/20!

Get to Know Two Board Members



Nancy McReynolds

"As a senior citizen and part-time resident of Leavenworth, I know firsthand how important quality medical care, particularly emergency care, is to my husband and I. We love the time we spend in Leavenworth and the friends we have made here. I feel a responsibility to give back to the community from which I benefit."

"This summer marks our six year anniversary of moving to Leavenworth following my retirement in Denver. The modern clinic, rehab and emergency facilities at Cascade Medical were important to our decision to settle here.

"The recent funding of a replacement ambulance, three pieces of lab equipment, and 3D mammography equipment are good examples of the value that CMF brings to our community. As I rotate off the board at the end of my term, I know this important work will be continued by the committed board members. It has been a privilege to serve."



Strode Weaver

BENEVOLENT NIGHTS

Wok About Grill, Blewett Brewing Company & our community helped raise \$1500 already in 2019! Come enjoy good food and good company for a great cause at our next 2 BNs:

8/6 at Munchen Haus, 5-9pm

10/16 at Wildflour, 5-9pm

Our mission:

"To enhance and financially support Cascade Medical's ability to deliver quality healthcare to our community."

Like us on Facebook to keep up with our news and events:

[www.facebook.com/
CascadeMedicalFoundation](http://www.facebook.com/CascadeMedicalFoundation)

3D Mammography Update

Scott Mitchell, RT (R) (CT), Director of Radiology

“The upgrade from standard mammography to the newest 3D Tomo mammography this year is a huge leap forward in Cascade Medical’s ability to detect breast cancer at its earliest stages, and therefore, save more lives. Thanks to the generous efforts of CMF, residents of the Upper Valley now have easy access to state-of-the-art mammography imaging, which is fully accredited and recognized by the American College of Radiology and FDA. This is truly a huge benefit to the health and wellbeing of our community.”

We’re still trying to reach our goal of \$100,000 in 2019 toward the 3D Mammography. Please consider a donation today! www.cascademedicalfoundation.org/donate



McMillan's home

HOME & GARDEN TOUR, 9/14/19

Want a peek inside five gorgeous homes? Join us in Plain for a tour of homes, varying from cabins full of woodsy charm to large and luxurious. Most are nestled in a riverfront setting. Becky and Rex McMillan’s home, shown at left, features cedar shake trim, stonework and large interior beams. Also this year, take a break to enjoy a wine tasting at Plain Cellars and a bite from Taste of Plain. Tickets will be available for purchase online and at Plain Hardware soon!



817 Commercial Street

Leavenworth, WA 98826